



Sarah: The First Jewish Mom

Food For Thought:

- How would you react to Sarah's situation? Would you laugh too, or would you be scared, or excited?
- Do you think that inviting guests over is important? How does it add to our family life?
- How do you think we can make our guests as comfortable as possible?
- Have you ever had to do something at the last minute for guests? How did it make you feel? Were you able to turn the stressful situation into something positive?
- Are there any general activities that you feel have a religious or Jewish connection to them? How do you try to incorporate this into your home life? What's one thing your mom did/does that you feel brings a sense of spirituality to an otherwise mundane task?

**Open these discussions with your children,
so that they learn these important values.**

**When it's not Shabbat, you can also have your
children create a painting of their image of Sarah
welcoming her guests or making challot.**

**And of course, get your hands into the dough
and make some of our blessed bread together!**